

**THE PHOTOGRAPHIC
SOCIETY OF SOUTH AFRICA**
REG. NO. 54/01845/08



Phillip De Lange

APSSA, DPSSA (Vers), AFIAP
National Director

m: +27 78 863-9184

e: upcomingpssa@gmail.com

www.pssa.co.za

PSSA YOUTH Division Monthly Website Competition

OPEN MONOCHROME – CATEGORY MONTHLY WINNER

Lizhan Ruschenbaum with “poise in motion” from Tafelberg Fotografieklub

Ek is in HS Bellville en is tans in Graad 12

Geneem by Artscape tydens die Internasionale Ballet kompetisie.

File Name: G:\0001 YOUTH\002 YOUTH PHOTOGRAPHERS\MAANDFOTOS\2025\09
SEPTEMBER 2025\pix\New folder\Open Monochrome-Lizhan Ruschenbaum with poise in
motion from Tafelberg Fotografieklub.jpg

Make: Canon

Model: Canon EOS 500D

Software: Adobe Photoshop 26.8 (Windows)

Date Taken: 2025-07-29 22:04:48

Exposure Time: 1/400 sec

F Number: f/4.5

ISO Speed Ratings: ISO 3200

Exposure Program: Manual

Metering Mode: Multi-segment

Exposure Bias: 0 EV

Flash: No flash, compulsory

Focal Length: 120 mm

35mm Equivalent:

Lens Model:

GPS: